NATIONAL CADET CROPS DEVA MATHA COLLEGE, KURAVILANGAD

Affiliated to Mahatma Gandhi University, Kottayam



REPORT
OF
ADD-ON COURSE
IN
LIFE SKILLS TRAINING

Academic Year 2023 - 24

Add-On course offered by National Cadet Crops

Deva Matha college, Kuravilangad NCC Unit offers add on course on "LIFE SKILLS TRAINING" for UG & PG students. The Basic Life skills provides readily available tools to deal with challenges or demands of daily lives A total of 40 students took admission for this course. The details of the course and syllabus are attached.

OBJECTIVES

- 1. To enhance one's ability to be fully self-aware by helping oneself to overcome all fears and insecurities and to grow fully from inside out and outside in. 2. To increase one's knowledge and awareness of emotional competency and emotional intelligence at place of study/work.
- 3. To provide opportunity for realizing one's potential through practical experience.

Syllabus

1 MARK QUESTIONS

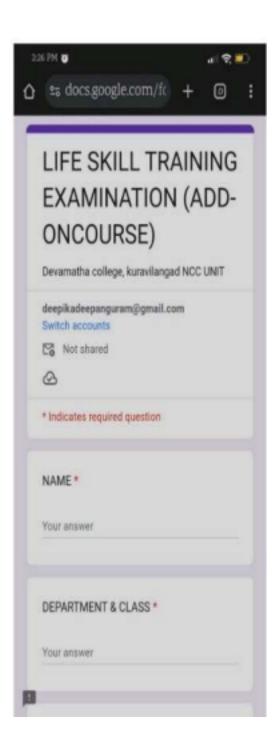
- 1. How many directorates of NCC are there in India?
 - a) 15 b) 16 c) 17 d) 18
- 2. How many wars have been fought between India and Pakistan?
 - a) 2 b) 3 c) 4 d) 6
- 3. The ability to generate new ideas by combining changing or reapplying existing ideas is called
 - a) Creative thinking c) Critical thinking
 - b) Problem solving d) Decision making
- 4. Bihu is celebrated in which state?
 - a) Punjab b) Haryana c) Assam d) Meghalaya
- 5. Keeping living area and its surroundings neat and clean involving removal of waste products and refuse is called
 - a) Hygiene c) Sanitation
 - b) Hygiene and sanitation d) Disposal

2 MARK QUESTION

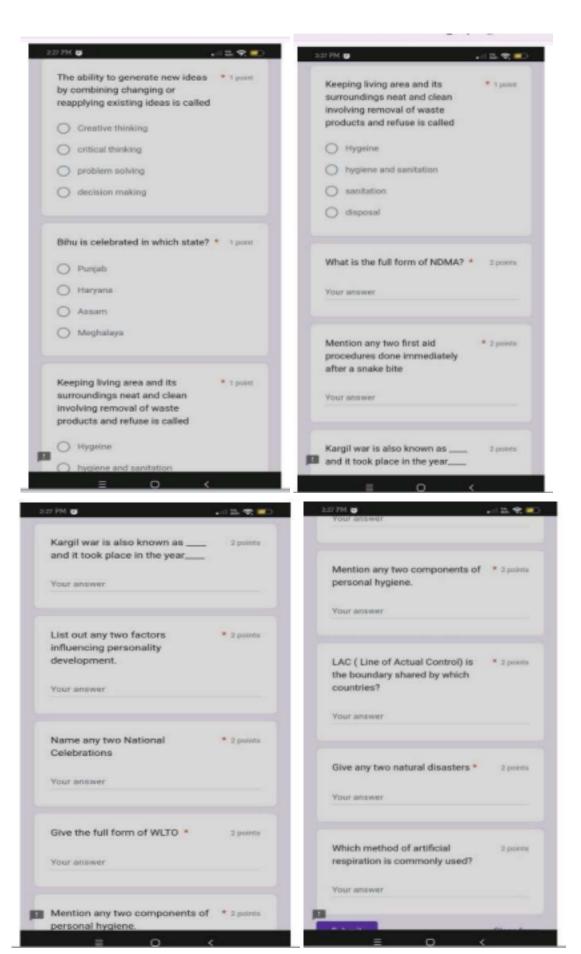
- 1. What is the full form of NDMA?
- 2. Mention any two first aid procedures done immediately after a snake bite 3. Kargil war is also known as ____ and it took place in the year____
- 4. List out any two factors influencing personality development.
- 5. Name any two National Celebrations.
- 6. Give the full form of WLTO.
- 7. Mention any two components of personal hygiene.
- 8. LAC (Line of Actual Control) is the boundary shared by which countries? 9. Give any two natural disasters.
- 10. Which method of artificial respiration is commonly used?

ONLINE EXAM

Conducted online exam through google forms:

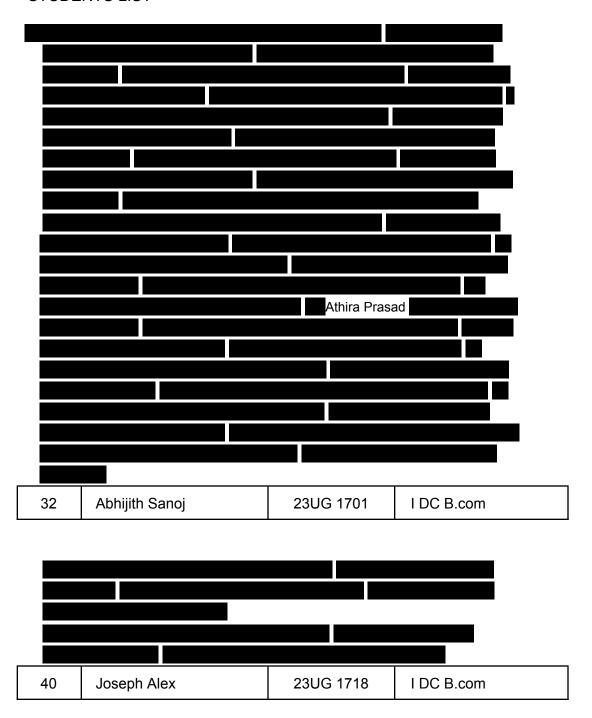






- 1. Gain Self Competency and Confidence
- 2. Practice Emotional Competency
- 3. Gain Intellectual Competency
- 4. Gain an edge through Professional Competency
- 5. Aim for high sense of Social Competency
- 6. Be an integral Human Being

STUDENTS LIST



ATTENDANCE & MARK LIST

DEVAMATHA COLLEGE KURAVILANGADU UHE SKILL TRAINING										
Day I	Day II	Day III	Online	Chart Grade	Polymarks					
1	Grahalekshmi 5	05c Chemistry	RISTA	Party	later	east	A	Passed		
2	Daina Sunny	BA Malayalam	Change	Albert 1	Frient	Edition.	٨	Passed		
3	Shiward P.A	85c Physics	A DOWL	Flippin	Busine	TOOM!	A	Passed		
4	Anakha Marry	B.com	distr	Jane	Again	Buster	- A	Passed		
5	Devika Sasikumar	B.com	(Laboratoria	000	Com	Cale	A	Passed		
6	Ayanamol Thankachan	BSc Zoology	Art .	24	Fe	SAMP.	A	Passed		
7	Agna Rose MF	BA English	1	G2	Gloro-	GARAL.	A	Passed		
8	Anitt Thankachen	Bsc Mathematics		1000	1	Vales	A	Passed		
9	Anagha Sunil	8.com	23934	7294	200	THE	A	Passed		
10	Alswarya G	85c Chemistry	CHE	-	Grant .	CAR	A	Passed		
11	Aswathy Krishna R	BA English	Manage 12	Records	Boutton	Paudite	- A	Passed		
12	Sreerei/ha 5 Chandran	BSc Botony	-05-7	OFFIT.	SIP	1200	A	Passed		
13	Nadhula prashanth	85c Zoology	Abbet	O Charles	Nelle	1 fellows	A	Passed		
14	Sayana sheriff	BA English	-50	550m	-300	Lings	A	Passed		
15-	Krishna saji	8.com	SARGE.	lub	160	die -	Α.	Passed		
16	Ashley Joshy	B.com	fitter.	Brain.	Allest	7	A	Passed		
17	Sreekutty. S	BA Malayalam	German	Seekally	Shire	Cycl Bath	A	Passed		
18	Nandhana B	8.4 Malayalam	(Maldana	Nontao		China	- 4	Passed		
'39	Lakshmi K	8.A English	Lokeham	Lakhmi	Lakelen		_	Passed	_	
20	Althina Presid	8.A Malayalam	Attache.	Addison-	AKAITE	April 18	A	Passed		
21	Adithya sunesh	BSc Physics	小湖水	POR WAY	(Addain	Addition		Passed		
22	Vijay biju	B.com	V.	12	VV	100	A	Passed		
23	Vivek 5	8.com	360	250	C) Bal	at the	A	Passed	_	
24	Goutham krishna p	B.com	modules.	Gustian				Panned		
25	Muhammed yazin	B.com	State .	Marke.	Magu	chyn		Passed		
26	Abhiram k ravi	BA Economics	Deparin	Shrang	Albertan			Passed		
27	Krishnaprasad K S	B.com	Kusakan	K-Street	Ligarita	Ep + P	A	Passed		

_	Vimalshyam S Kumar	BSc Botony	5400	March .	Vine	SHO.	Α.	Passed
_	Akhil A.P	BA Economics	-est-	do	- Calif	upt.	A	Passed
4 OE	Abin Benny	B.com	-	GO-	CD	#.	A	Passed
11 4	Akshay sanoj	8.com	Attalan	Alah	450-	the state	A	Passed
12 /	Abhijith Sanoj	8.com	arry	(The law	Milyar	CON	A	Passed
33 A	Akshay Gireesh	8.com	A sing-	764	- Harry	alexy-	A	Passed
14 E	Oran pj	8.com	Lighton.	Kenn	Bios -	Do.	A	Passed
35 4	Albin P R	B.com	SHEE	CAIRS	Attion	AUG.	A	Passed
36 H	Harigovind sabu	BA English	These	diago	TIGHT	etigets.	A	Passed
37 /	Aswarith B	BSc Zoology	Lyde	-Agent	And	fam	Α.	Passed
38 /	Adunik Ajay	8.com	CALLA .	Chab.	dda .	- Edwar	A	Passed
39 1	Harkrishnan P.S	8.com	Links	-Horas in	- House	1600	A	Passed
90 p	loseph Alex	8.com	700-	Tok	John	Just .	A	Passed

PHOTOS









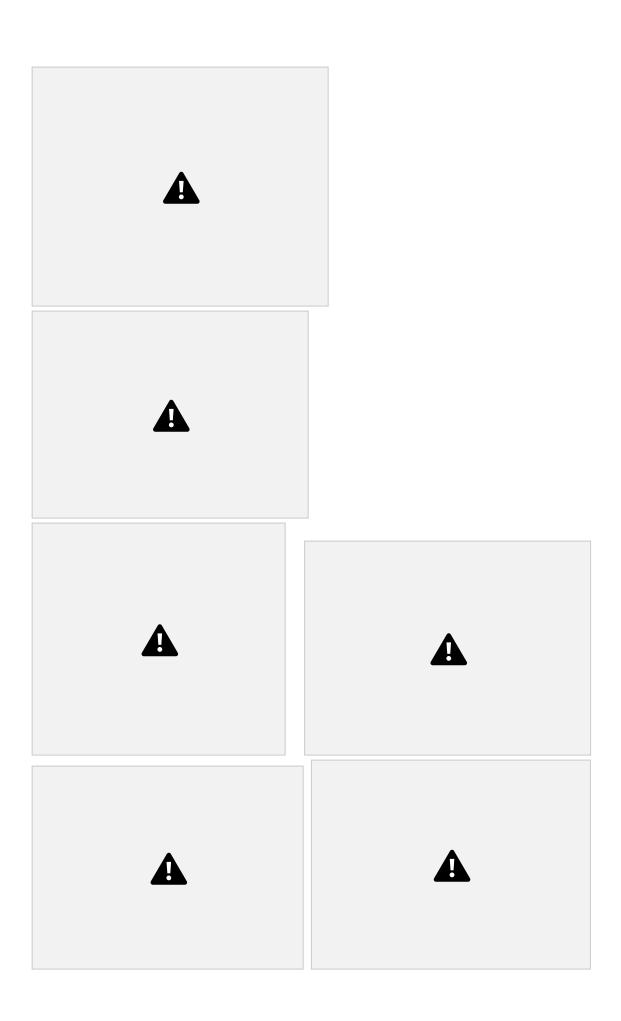


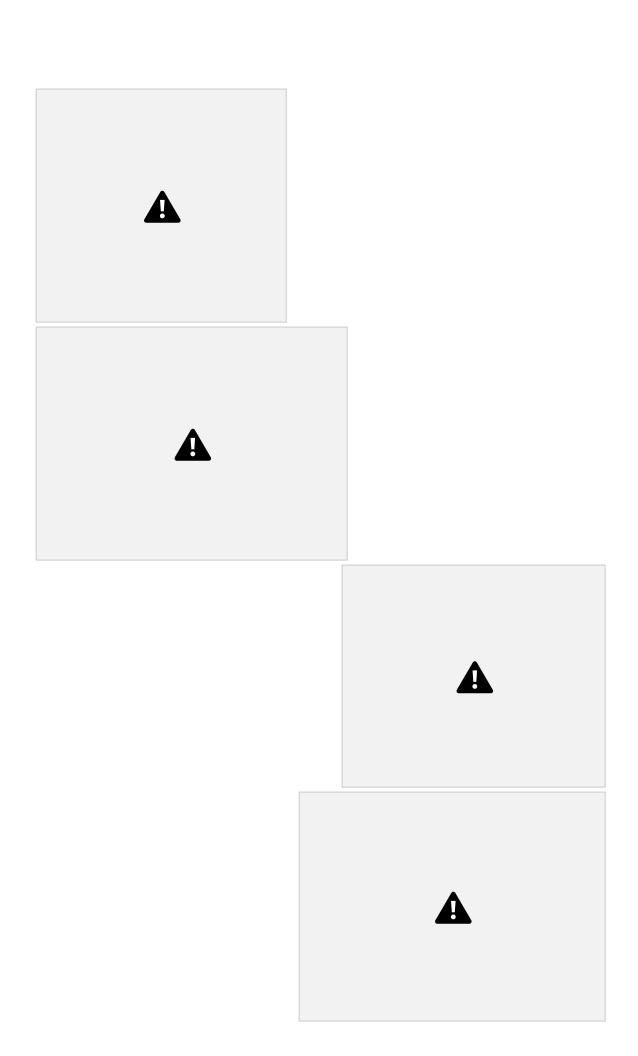














Dr. Brincy Mathew

Add-on Course General Co-Ordinator

